

FRHSD National Honor Society Information

Activities eligible for National Honor Society required community service hours

1. Hospital Service;
2. Religious Service Projects/Volunteering at a Cultural Center;
3. Teaching Assistant- Chinese School, Hebrew School, CCD, etc.;
4. First Aide/Fire Departments including EMT training/Police Explorers;
5. Girl/Boy Scouts-Community Events and Eagle Scout Projects only, NO MEETING HOURS;
6. Habitat for Humanity;
7. ASPCA/SPCA;
8. Public Library;
9. Sports Camps- Volunteer service only;
10. Monmouth County Parks (VIP: Volunteers in Parks);
11. American Cancer Society;
12. Tutoring associated with a structured organization- Private tutoring not accepted;
13. Youth Ministries- Tutoring, outreach, etc.;
14. Women's Club;
15. Mission/Relief work projects;
16. Soup Kitchens/Lunch Break;
17. Senior Centers, Nursing Homes, Adopt a Grandparent;
18. Love Inc./Project Angel;
19. Environmental Projects;
20. Preventative Drug, Alcohol, Violence & Abuse Programs;
21. Family Career Community Leaders of America (FCCLA);
22. Red Cross (Blood Drives, Emergency preparedness, etc.);
23. United Way Big Brothers/Big Sisters;
24. Adopt a Highway;
25. DECA Club volunteer hours;
26. 4-H Club volunteer hours;
27. Fundraising hours for non-profit organizations;
28. Driver Safety Program;
29. Elementary/Middle School Help; and
30. Assistant for Youth Team (with verification from coach).

Activities NOT eligible for National Honor Society required community service hours

1. Service at private doctor's office/EMO;
2. Service at a private law firm;
3. Service at a family owned business or private business of any type;
4. Private tutoring (not done through an established organization);
5. Babysitting (paid or unpaid);
6. Assisting a neighbor, friend, peer;
7. Work with an organization where volunteering is required for your or someone else's membership (pay to play athletic leagues where children or parents must volunteer time in order for a child to play);
8. In school activities that are a required component of a club and/or class;
9. Internships (personal development is not community service);
10. Political Campaigns;
11. Job Training, CIT/Counselor in Training: Job training is considered as getting ready for a paid position and therefore is not considered volunteer work even though it is unpaid;
12. If you received any pay or benefits for your work it is not considered volunteer work;
13. Chores (even if you do them for someone outside your family);
14. Jobs and/or Employment (even if unpaid);
15. Model United Nations;
16. Math/Science competitive teams; and
17. Fundraising for a club or sports team.

Note: Confirm with the NHS Advisor regarding activities not listed.